



PSHE Curriculum Coverage



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Self-Regulation: My Feelings	Building Relationships: Special Relationships	Managing Self: Taking on Challenges	Self-Regulation: Listening and Following Instructions	Building Relationships: My Family and Friends	Managing Self: My Wellbeing
Y1	Family and Relationships	Family and Relationships: Health and Wellbeing	Health and Wellbeing: Safety and the changing body	Safety and the changing body Citizenship	Citizenship Economic wellbeing	Economic wellbeing Transition lesson
Y2	Family and Relationships	Family and Relationships: Health and Wellbeing	Health and Wellbeing: Safety and the changing body	Safety and the changing body Citizenship	Citizenship	Economic wellbeing Transition lesson
Y3	Family and Relationships	Family and Relationships: Health and Wellbeing	Health and Wellbeing: Safety and the changing body	Safety and the changing body Citizenship	Citizenship	Economic wellbeing Transition lesson
Y4	Family and Relationships	Family and Relationships: Health and Wellbeing	Health and Wellbeing: Safety and the Changing body	Safety and the changing body	Citizenship Economic wellbeing	Citizenship Economic wellbeing Transition lesson



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Y5	Family and Relationships	Health and Wellbeing	Health and Wellbeing: Safety and the changing body	Safety and the changing body Citizenship	Citizenship Economic wellbeing	Economic wellbeing Transition lesson: dealing with change
Y6	Family and Relationships	Health and Wellbeing	Health and Wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship Economic wellbeing	Economic wellbeing Identity Transition lesson: dealing with change