



RSE & PSHE Vocabulary Progression



FS2 Vocabulary

	Self regulation – My Feelings	Building Special Relationships	Taking on Challenges	Listening and Following Instructions	My Family and Friends	My Well-Being
	Emotion Feelings Happy Angry Sad Nervous Worried Proud Surprised Bored Caring Supportive Kind	Family Love Friend Share Unique Interests Hobbies Differences Similarities Diversity Taking turns <u>Kindness</u> <u>Respect</u>	Rule <u>Resilience</u> Challenge Problem solving Mistake Cope <u>Teamwork</u> Grounding technique Trial and error Communication Safe	Listening Team <u>Resilience</u> <u>Honesty</u> Instructions	Festival Celebration Special event Turn taking Support Trust Relationships Culture Religion Beliefs Tradition <u>Teamwork</u> <u>Compassion</u>	Exercise Movement Breathing Heart rate Health Relaxation Well-being Hazard Independence Pedestrian Balanced diet

RSE and PSHE Vocabulary Progression (words that are developed throughout the curriculum are highlighted in bold)

	FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Families and Relationships	Family Friend Emotion Feelings Love Respect Compassion Teamwork	Family Behaviour Care Emotions Feelings Respect Friendship Friendly Problem Compassion Teamwork Stereotype Permission	Friendship Love Family Emotions Respect Manners Stereotype Compassion Teamwork	Bullying Communicate Empathy Compassion Respect Open questions Similar Stereotype Solve Sympathy Trust Compassion Teamwork	Bullying Acts of kindness Authority Bereavement Boundaries By-stander Respect Permission Stereotype Manners Compassion Teamwork	Attitudes Bullying Cyber-bullying Marriage Secret Wedding Stereotype Respect Compassion Teamwork	Authority Conflict Respect Stereotype Expectation Grief Grieving Compassion Teamwork

<p>Health and Well-being</p>	<p>Exercise Movement Health Relaxation Independence Balanced diet Emotions Well-being</p>	<p>Allergy Emotions Feelings Health Germs Ill Qualities Relax Resilience</p>	<p>Diet Healthy Growth-mindset Resilience Exercise Goal Healthy Physical activity Relaxation Skills Strengths</p>	<p>Alone Balance Diet Healthy Relax Barriers Belonging Identity Lonely Resilience Boundaries</p>	<p>Fluoride Mental health Healthy Relaxation Negative emotions Positive emotions Visualisation Resilience</p>	<p>Fail Respect Responsibility Resilience Steps Assertive Passive Aggressive</p>	<p>Growth mindset Antibodies Habit Vaccination Responsibility Resilience</p>
<p>Safety and Changing body</p>	<p>Pedestrian Health Respect Secret Trust Well-being Hazard Private</p>	<p>Accident Emergency Drug Hazards Medicine Physical contact Private Role Respect Trust Polite</p>	<p>Medicine Pedestrian Private Secret Respect Surprise Penis Testicles/testes Vulva Vagina</p>	<p>Allergic Anaphylaxis Bullying Casualty Choice Respect Cyberbullying Decision Private Distraction Fake Influence Injuries</p>	<p>Age restriction Respect Asthma Law Protect Puberty Penis Testicles/testes Vulva Vagina Public Tobacco Breasts Genitals</p>	<p>Private Puberty Breasts Penis, Testicles/testes, Vagina Vulva Attraction Decision Consent Influence Menstruation/ period Respect Bladder Cervix Clitoris Egg or ova Ejaculation Erection Fallopian tube Labia Nipples Ovary/ovaries Pubic hair Scrotum Sperm duct Urethra Uterus</p>	<p>Alcohol Internet trolling Pregnant Conception Fertilisation Sexual intercourse Sperm Respect Consent Cyber-bullying (Biological words from Year 5 will be revisited during sex education)</p>

						Vaginal opening Voice breaking Wet dreams Ejaculation Womb	
Citizenship	Differences Similarities Diversity Respect	Care Respect Democracy Diversity Different Fair Responsibility Rule Similar Unique Vote	Election Environment Identity Respect Opinion Rule School Council Volunteer Vote Responsibility	Charity Community Respect Consequence Democracy Council Councillor Law Rights United Nations Responsibility Environment	Authority Council Diversity Human rights United Nations Local government Protect Reuse Respect Democracy Community Environment	Defendant Freedom of expression Democracy Government House of Commons Human rights Respect Protected characteristics Judge Jury Member of parliament Pressure group Trial	Authority Conflict Earn Human rights Democracy Respect Harassment Stereotype Resolve Grief
Economic well-being		Banks Building societies Cash Earn Save Spend Value	Coins Needs Priorities Want Banks Cash Earn Save	Account Budget Career Stereotype Banks Coins/Notes Save Spend	Bank account Bank statement Influence Satisfaction Value for money Budget Career Stereotype	Allocate Expenditure Income Loan Repayment Satisfaction Value for money	Earnings Gambling University Roles and responsibilities Valuables Allocate Budget Expenditure Career